

-Allow the stain to dry.

This takes 5-15 minutes.

-Apply lemon-sugar mixture, this helps the paste to adhere to your skin and the lemon increases the acidity of the henna, darkening the stain.

-Leave the stain on for as long as you can stand it!

From 2-8 hours, the longer you leave it on the darker the stain.

-Scrape the dried paste off your skin,

use any vegetable based oil to remove stubborn henna paste, DO NOT wash the henna off.

-Do not get the design wet for the first 12-24 hours if feasible.

- Applying oil or a shea butter type substance before getting it wet will help by creating a moisture barrier

-If you have eucalyptus oil, you can apply it daily to darken the stain.

-Moisturizing it with any type of oil a couple times a day will help keep the stain darker longer.

-The stain will be a bright orange upon first removal of paste and will gradually darken to a reddish brown over the next 24 hours.

-Depending on skin type and location of design on body, your design will last 1-3 weeks

-Enjoy!